



**VOLUNTEER  
NEWSLETTER**  
MARCH 2021

## Welcome

Thank you to those who participated in the 'Not the Volunteer Christmas Function'. We hope you enjoyed it as much as we did. Thank you for your feedback as well – it was great to hear we hit the mark. We are always looking for new ideas for future functions, so feel free to let us know your thoughts.

We are looking forward to being able to see as many of you as we can at the mid-year function on 19 May.

Although we had a tumultuous year in 2020, some things haven't changed. We will always need and value your commitment to volunteering within the City of Holdfast Bay. We will offer more opportunities for you to assist the community, or in other organisations that need support. Thank you for always putting your hand up to help whenever we ask. We live in a wonderful part of the world and you make a difference to it.

Thank you and stay safe!

Angelique & Tamara - Active Communities Team



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## Not the Volunteer Christmas Function

With a false start in December, it was great to be able to finally hold a function for you. Yes it was over a year in the making and we did have to make a name change to, 'Not the Volunteer Christmas Function', but we were finally able to catch up with most of you.

On Tuesday 9 February, during a delicious morning tea, volunteers and their coordinators came together to mingle with Holdfast Bay Mayor Amanda Wilson, CEO Roberto Bria and General Manager City Services Marnie Lock at the GU Film House Glenelg. Following a morning tea, a speech by the Mayor and some fun raffle draws, we sat down to watch the happily-ever-after movie 'Wild Mountain Thyme', which showcased the beautiful landscape of Ireland.



## Volunteer Role Vacancies - We need you!

We have a range of vacancies in the following programs. Please apply for any of these, please contact Angelique on [awilliams@holdfast.sa.gov.au](mailto:awilliams@holdfast.sa.gov.au) or 8229 9999.

Program		Positions available & Position details
Alwyndor Aged Care	2	<b>Men's Shed</b> - To interact with male residents in an appropriate manner and to assist and develop residents' social interests, activities and comfort. To assist with a variety of tasks relating to the Men's Shed Social Activity Program. Currently the Men's Shed activities are held on the second and fourth Thursdays of the month
	1	<b>Outing Assistant</b> - Support and assist the Bus Driver and passengers on the bus to access local shopping centres and regular and casual social outings. Must be fit enough to walk at Marion, assist with any help and/or assist with money exchange for Alwyndor residents. Monday or Wednesday AM.
	3	<b>Friendly Visitor</b> - To provide one-to-one quality time with residents of Alwyndor who have requested a community companion. 9:45am – 2:30pm.
	1	<b>Bus Driver</b> - Drive the bus to take residents to access local shopping centres and regular and casual social outings. Monday or Wednesday AM.
	2	<b>Library Shelving &amp; Trolley Volunteer</b> - Walking around with a library trolley to see if residents would like to borrow some books and/or purchase small items being sold.
Personal Transport	6	<b>Personal Transport</b> - To transport Commonwealth Home Support Program eligible residents to local appointments using own vehicle.
Community Bus	2	<b>Community Bus Driver</b> – Drive the Community Bus for Holdfast Bay residents on a door-to-door basis for the purpose of accessing local shopping centres, libraries and community centres and accessing regular and casual social outings.
Home Maintenance	4	<b>Home Maintenance Assistant</b> – To provide assistance to Commonwealth Home Support Program (CHSP) clients who need basic maintenance and support services to maintain independence within the community.
Youth Advisory Committee	3	Assist the Community and Youth Development Officer in the planning and delivery of programs, events and initiatives for the City of Holdfast Bay community.
Home Library Service	1	<b>Home Library Service</b> - To select and deliver library material to Home Library Service Borrowers.

## Sharing Information and Reminders

### Football Tickets

The 2021 SANFL fixture has now been released. As part of our Volunteer Recognition Program, we have a limited number of home game tickets for the Glenelg Tigers. These home games are played at ACH Group Stadium on Brighton Road, Glenelg East. Volunteers can request up to two tickets, which includes entry to the game, seating and a \$10 voucher (per ticket) to use at either of the two food vans onsite.

Tickets are available for the following games:

Round	Date	Opponent	Time
1	Fri 2 April	West Adelaide	4:10pm
2	Sat 10 April	Eagles	4:10pm
4	Sat 24 April	Port Adelaide	6:30pm
6	Sun 9 May	Sturt	2:10pm
8	Sat 29 May	Adelaide	2:10pm
10	Mon 14 June	North Adelaide	2:10pm
13	TBC	Adelaide	TBC
15	TBC	South Adelaide	TBC
17	TBC	Norwood	TBC
18	TBC	Central District	TBC

If you would like tickets, please contact Angelique via email: [awilliams@holdfast.sa.gov.au](mailto:awilliams@holdfast.sa.gov.au) stating which game and the number of tickets you would like.

Please note that if you request tickets for the whole season, that some of your tickets will be rescinded, if a volunteer requests to attend just one game.

### Save the Dates

We're excited for upcoming function we have planned for this year. We are yet to confirm the venues, however please add the event dates to your calendars. E-invites will be sent out closer to the date:

- Mid-year function (National Volunteer Week): Wed 19 May 2021 9am – 11am
- Christmas function: Tue 7 December 2021 9am – 12noon

## Sharing Information and Reminders

### Wellbeing

Please remember that there are free resources available for you to access if you need support or would like to talk to someone:

- Employee & Volunteer Assistance Program through Relationships Australia – Ph: 8377 5400.
- Mental Health Support Line (8am to 8pm) - Ph: 1800 632 753.

### Any Changes?

We are always updating our records to ensure we have the most up-to-date information. If you are aware of any of the following contact details of yours changing, can you please send your updated details to me via email: [tmoore@holdfast.sa.gov.au](mailto:tmoore@holdfast.sa.gov.au)

- Phone number
- E-mail address
- Postal address
- Emergency contact



### Some Fun Stuff

#### Pop Quiz

The answers to the Pop Quiz which appeared in the September newsletter are:

- How many volunteers does council have? **352**
- What program has the most number of volunteers? **Alwyndor**
- What program has the least number of volunteers? **Air Raid Shelter (2)**
- What is the newest program in the volunteer service/portfolio? **New role 2021 - JP Concierge customer service role**

# Food Glorious Food

## Vietnamese Prawn Salad

### Ingredients

- 2 tbs fish sauce
- 2 tbs white sugar
- 2 limes, rind finely grated, juiced
- 1 garlic clove, crushed
- 2 long red chillies, sliced
- 2 kaffir lime leaves, finely shredded
- 500g cooked king or tiger prawns, peeled, deveined
- 1 Lebanese cucumber
- 60g baby rocket
- 250g grape tomatoes, halved
- 1 French shallot, peeled, thinly sliced
- 1/2 cup coriander leaves
- 2 tbs chopped roasted peanuts

### Directions

1. Combine fish sauce and sugar in a shallow bowl and stir to dissolve sugar. Add lime rind, juice, garlic, chilli and kaffir lime leaves. Add prawns and toss well. Cover and refrigerate for 15 minutes.
2. Meanwhile, halve cucumber lengthways and scoop out seeds with a teaspoon. Slice on an angle.
3. Combine rocket, cucumber, tomato, shallot and coriander on a platter. Add prawns and drizzle over marinade. Top with peanuts. Serve.

Tip: look for cooked prawns that are vibrant in colour. They should have a firm shell and tails intact. Avoid any prawns with signs of blackening around the head.



Hopefully we still have a bit of warm weather ahead of us so you can enjoy this refreshing salad.